

BAPTISED & SENT IN LENT – Week 1

Sycamore Session 5: *The Holy Spirit and the Church*

Theme: Belonging • Baptism • The Spirit at work among us

Purpose

A prayerful, reflective gathering rooted in the Sunday Gospel, *Baptised and Sent in Lent*, and a Sycamore film. Emphasis is on **listening and belonging**, not teaching.

7:30–7:40 | Welcome & Opening Prayer

- Welcome and outline the rhythm of the evening
- Opening Prayer from *Baptised and Sent – Week 1*

Leader cue: “Through baptism we belong, and the Spirit gathers us as Church.”

7:40–7:55 | Gospel & Baptised and Sent

- Proclaim the Sunday Gospel
- Read the Baptised and Sent quote
- Brief silence

Prompt: What word or phrase stays with me?

7:55–8:20 | Sycamore Video

- Watch **Session 5 – The Holy Spirit and the Church**
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8:20–8:40 | Reflection & Sharing

- Begin with silence

Choose one question: - Where do I experience belonging in the Church? - Where do I notice the Spirit at work in parish life?

8:40–8:50 | Respond in Action

- One simple way I/we can help others feel they belong
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8:50–9:00 | Concluding Prayer

- Concluding Prayer from *Baptised and Sent – Week 1*

BAPTISED AND SENT IN LENT

First Sunday of Lent

Theme: Baptised and sent by the Spirit

Opening Prayer

Loving God,
You call us to renew our baptism
during this season of Lent as we
journey to Easter.
Help us to respond more fully to
Your call and send us out to
proclaim the Gospel by our lives,
Through Christ Our Lord.
Amen.



Baptised and Sent Quote

*"Baptism is an entry point to a life
of faith, a gateway to mission,
and the root and foundation on
which to build a Christian life."
Paragraph 10*



Gospel Link

This week's Gospel comes
from Matthew 4:11.

After His Baptism, Jesus is
led by the Spirit into the
wilderness.



SCAN ME



PROCESS

Opening Prayer

- Say the opening prayer together.

Read

- Read the Gospel passage aloud followed by the two quotes from Baptised and Sent.

Reflect

- Pause for silent reflection.
- Share what stays with you from these readings.
- Listen to each other to understand.
- In what way is the Holy Spirit leading me and us in our Lenten synodal journey?

Respond in Action

- What concrete action or steps can I/we take to respond more fully to our Baptism?

Concluding Prayer

Gracious God,

We thank you for journeying with us and for all that has been shared.

Help us to remember that we are all Baptised and Sent and give us the courage and energy to make a difference in our world.

Through Christ our Lord.

Amen.

Excerpt from the Gospel

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says:

Man does not live on bread alone but on every word that comes from the mouth of God.'

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

To access the full text of this week's Gospel scan the QR code on the front of this prayer resource

Excerpt from Baptised and Sent

"The identity of the People of God flows from Baptism in the name of the Father and of the Son and of the Holy Spirit. This identity is lived out as a call to holiness and a sending out in mission, inviting all peoples to accept the gift of salvation (cf. Mt 28:18-19). The missionary synodal Church springs from Baptism, in which Christ clothes us with Himself (cf. Gal 3:27) and enables us to be reborn of the Spirit (cf. Jn 3:5-6) as children of God".

Paragraph 60