



## BAPTISED & SENT IN LENT – Week 3

### Sycamore Session 6: *The Bible*

**Theme:** Belonging • God who speaks • Being sent together

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#### Purpose

Reflecting on **belonging that begins when God speaks to us** — and how listening to God's Word leads naturally to mission.

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#### 7:30–7:40 | Welcome & Opening Prayer

- Opening Prayer from *Baptised and Sent – Week 3*

*Leader cue:* - “In baptism, God calls us by name. Belonging begins when we allow ourselves to listen.”

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#### 7:40–7:55 | Gospel & Baptised and Sent

- Proclaim the Sunday Gospel
- Read the Baptised and Sent quote
- Silence

*Prompt:* - Where do I notice God speaking to someone who feels they don't belong?

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#### 7:55–8:20 | Sycamore Video

- Watch **Session 6 – The Bible**

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#### 8:20–8:40 | Reflection & Sharing

*Choose one question:* - When have I felt God speaking personally to me? - What small gift or action might help someone else feel heard or welcomed?

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#### 8:40–8:50 | Respond in Action

One small way I can help others feel **heard, named, or welcomed** this week

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#### 8:50–9:00 | Concluding Prayer

- Concluding Prayer from *Baptised and Sent – Week 3*

# BAPTISED AND SENT IN LENT

## Third Sunday of Lent

Theme: Who Belongs?

### Opening Prayer

Loving God,  
You call us to renew our baptism  
during this season of Lent as we  
journey to Easter.

Help us to respond more fully to  
Your call and send us out to  
proclaim the Gospel by our lives.  
Through Christ Our Lord.

Amen.



### Baptised and Sent Quote

*"Belonging brings caring, mercy, compassion and love. It is at the heart of who we are."*

Paragraph 11



### Gospel Link

This week's Gospel comes  
from John 4:5-42.

Jesus meets the Samaritan  
woman at the well and  
offers her living water.



SCAN ME



# PROCESS

## Opening Prayer

- Say the opening prayer together.

## Read

- Read the Gospel passage aloud followed by the two quotes from Baptised and Sent.

## Reflect

- Pause for silent reflection.
- Share what stays with you from these readings.
- Listen to each other to understand.
- In what way/s is your parish welcoming and inclusive?

## Respond in Action

- What concrete action or steps can I/we take to help more people feel that they belong?

## Concluding Prayer

Gracious God,

We thank you for journeying with us and for all that has been shared.

Help us to remember that we are all Baptised and Sent and give us the courage and energy to make a difference in our world.

Through Christ our Lord.

Amen.

## Excerpt from the Gospel

"Jesus came to the Samaritan town called Sychar... When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' ... Jesus replied: 'If you only knew what God is offering and who it is that is saying to you: Give me a drink, you would have been the one to ask, and he would have given you living water.'"

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

*To access the full text of this week's Gospel scan the QR code on the front of this prayer resource*

## Excerpt from Baptised and Sent

*"Belonging and inclusion appeared in nearly every conversation.*

*The Church is perceived as struggling to welcome those on the margins, especially young people, migrants, LGBTQ+ persons, non-traditional families, those who have experienced relationship breakdown, those in second unions, those who feel judged or hurt, and those estranged from faith communities.*

*There is a deep desire for a listening Church that makes space for the wounded, those who are doubting, and those who feel on the margins"*

Paragraph 11