



BAPTISED & SENT IN LENT – Week 5

Sycamore Session 7: *The Gift of Faith*

Theme: New life • Trust • Hope

Purpose of the Gathering

This gathering reflects on **faith as trust in God's promise of life**, even in the face of loss, doubt, or fear.

7:30–7:40 | Welcome & Opening Prayer

- Opening Prayer from *Baptised and Sent in Lent – Week 5*

Leader cue: - “Faith is trusting that God calls us beyond the tombs we face.”

7:40–7:55 | Gospel & Baptised and Sent

- Proclaim the **Sunday Gospel**
- Read the **Baptised and Sent quote**
- Silence

Quiet reflection prompt: - Where am I being asked to trust more deeply?

7:55–8:20 | Sycamore Video

- Watch **Sycamore – Session 7: The Gift of Faith**

8:20–8:40 | Silent Reflection & Shared Conversation

Suggested prompts: - What helps faith grow in difficult moments? - Where do I see signs of new life?

8:40–8:50 | Respond in Action

Prompt:

- What step of faith am I being invited to take this week?

8:50–9:00 | Concluding Prayer

- Concluding Prayer from *Baptised and Sent in Lent – Week 5*

BAPTISED AND SENT IN LENT

Fifth Sunday of Lent

Theme: New life in Christ

Opening Prayer

Loving God,

You call us to renew our baptism during this season of Lent as we journey to Easter.

Help us to respond more fully to Your call and send us out to proclaim the Gospel by our lives. Through Christ Our Lord.

Amen.



Baptised and Sent Quote

"New life with the risen Christ has already begun in those who have been baptised. Already now we enjoy the first fruits of eternal life."

Par 73



Gospel Link

This week's Gospel comes from John 11:1-45.

Jesus raises Lazarus from the dead, revealing Himself as the resurrection and the life.



PROCESS

Opening Prayer

- Say the opening prayer together.

Read

- Read the Gospel passage aloud followed by the two quotes from Baptised and Sent.

Reflect

- Pause for silent reflection.
- Share what stays with you from these readings.
- Listen to each other to understand.
- In light of this, in what way does my baptism give me new life?

Respond in Action

- What concrete steps or actions can I/we take to renew my baptism this Easter?

Concluding Prayer

Gracious God,

We thank you for journeying with us and for all that has been shared.

Help us to remember that we are all Baptised and Sent and give us the courage and energy to make a difference in our world.

Through Christ our Lord.

Amen.

Excerpt from the Gospel

"Mary and Martha sent this message to Jesus, 'Lord, the man you love is ill.'... Jesus said: 'I am the resurrection and the life. If anyone believes in me, even though he dies he will live, and whoever lives and believes in me will never die.'"

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

To access the full text of this week's Gospel scan the QR code on the front of this prayer resource

Excerpt from Baptised and Sent

"St Paul reminds the early Christian community that baptism unites them to the saving death of Christ and enables them to share his life:

"You have been taught that when we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised, we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life" (6:3-4).

When baptism was celebrated during the Easter Vigil, as it was for many centuries, this connection between the paschal mystery and the new life given in baptism was readily made."

Paragraph 71