



## The National Apostolate of Eucharistic Adoration

Invites you to join them on the four  
Fridays in November



CALLING ADORERS AND ALL THE PEOPLE OF IRELAND AND BEYOND TO

# Adoration, Prayer and Fasting on the Four Fridays in November for

- **Renewal of the Catholic Faith in Ireland**
- **Reparation to the Sacred Heart of Jesus and Immaculate Heart of Mary**
- **The Suppression/ending of the Pandemic and for all who are affected by it.**
- **The Holy Souls**
- **Preparation for Advent and for the Birth of Jesus**

We are living through particularly difficult times right now and the challenges for Catholic Ireland in our lifetime were possibly never greater. We in the Apostolate of Eucharistic Adoration offer you an opportunity to keep the light of Christ burning brightly through adoration, repentance, reparation and fasting during these difficult, Covid 19 times. Our mission to encourage everyone to sit at the feet of Jesus in Adoration must continue and as a Cardinal at the Second Vatican Council stated so beautifully “mission is the extension of adoration, because adoration means that we desire that God be known and loved by everyone and not just certain people”

Amid the fears of the present pandemic let us hear again the invitation of Jesus to each of us - ‘Come to Me, all you who labour and are overburdened and I will give you rest. Shoulder my yoke and learn from Me, for I am gentle and humble of heart, and you will find rest for your souls. Yes. My yoke is easy and my burden light.’ Mt11:28-30

As people of the Eucharist and people of hope let us reflect the wise sentiments of St. Theresa of Avila “let nothing frighten you. Everything passes; God never changes, patience obtains all. Whoever has God wants for nothing; God alone is enough” Faith is often renewed and refined through deeply challenging moments in our lives and as St. Augustine so wonderfully said “God is closer to us than we are to ourselves” especially during the most difficult times of our lives. We pray that this initiative will deepen our faith and sustain our hope at this time.

If you have any queries contact us:

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### Notes

We have chosen Fridays. If Fridays do not suit you then choose another day of your choice.

If your area is moved to level 4 or 5 because of the Pandemic, then one can use streamed adoration

### Fasting:

from food or phones, TV, and other social media is also encouraged. You decide for yourself

### See our Website

or EWTN or [navanparish.ie/livestream](http://navanparish.ie/livestream) - for streamed Adoration